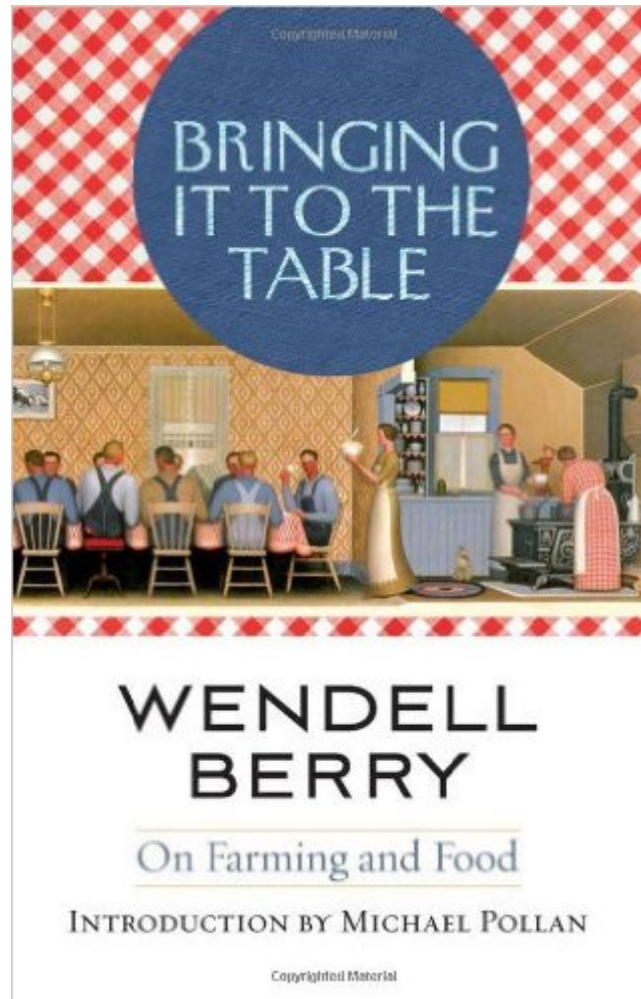


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Bringing It To The Table: On Farming And Food



Synopsis

Only a farmer could delve so deeply into the origins of food, and only a writer of Wendell Berry's caliber could convey it with such conviction and eloquence. Long before Whole Foods organic produce was available at your local supermarket, Berry was farming with the purity of food in mind. For the last five decades, Berry has embodied mindful eating through his land practices and his writing. In recognition of that influence, Michael Pollan here offers an introduction to this wonderful collection. Drawn from over thirty years of work, this collection joins bestsellers *The Omnivore's Dilemma*, by Pollan, and *Animal, Vegetable, Miracle*, by Barbara Kingsolver, as essential reading for anyone who cares about what they eat. The essays address such concerns as: How does organic measure up against locally grown? What are the differences between small and large farms, and how does that affect what you put on your dinner table? What can you do to support sustainable agriculture? A progenitor of the Slow Food movement, Wendell Berry reminds us all to take the time to understand the basics of what we ingest. "Eating is an agriculture act," he writes. Indeed, we are all players in the food economy.

Book Information

Paperback: 256 pages

Publisher: Counterpoint (August 18, 2009)

Language: English

ISBN-10: 158243543X

ISBN-13: 978-1582435435

Product Dimensions: 0.8 x 6.2 x 9.2 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars See all reviews (36 customer reviews)

Best Sellers Rank: #56,122 in Books (See Top 100 in Books) #6 in Books > Humor & Entertainment > Humor > Rural Life #38 in Books > Textbooks > Science & Mathematics > Agriculture #257 in Books > Literature & Fiction > Essays & Correspondence > Essays

Customer Reviews

Bringing It to the Table is a treasure-house of Wendell Berry's work, an important collection of essays and excerpts gathered from his essays and fiction. A cantankerous, argumentative, eloquent writer who knows farming and food from field to table, Berry has been writing for more than forty years about the sadly declining state of American agriculture, the dangers of industrialized food farming, and the importance to the human community--and to the human body, mind, and soul--of

good husbandry. If you've been reading Berry over the years (my husband and I chose an excerpt from *The Unsettling of America* for our wedding ceremony in 1986), you'll find some jewels here, all the richer for their association with other pieces in the collection. If you're new to Berry's work, you'll be astonished at his prescience: as Michael Pollan writes in his introduction, Berry is among the very first to point out the dangers of our American industrial agriculture and our disastrous separation of food production from food preparation and consumption. *Bringing It to the Table* is divided into three sections. In "Farming," the essays (1971-2004) provide a compelling review of the central argument of all Berry's work: that we must "adopt nature as measure" and create farming practices that deeply connected to the "nature of the particular place." Industrial agriculture arming ignores and attempts to overcome the natural limits of place, seasons, soils, and resources. It is, Berry warns, "a failure on its way to being a catastrophe." This place-focus continues in the second section, "Farmers."

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